

Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SERVICE	3 Turkey Pancake Wraps ½ C Peach Cup 1/2 C Juice 8 oz. 1% Milk	4 2 oz. Apple Cherry Crunch Bar ½ C Juice 1/2 C Pears 8 oz. 1% Milk	5 1 Egg n Cheese Muffin ½ C Juice 1/2 C Applesauce 8 oz. 1% Milk	6 2 oz. Bagels ½ C Juice 1/2 C Mandarin Oranges 8 oz. 1% Milk
9 1 oz. Cereal Bowl ½ C Juice 1/2 C Tropical Fruit 8 oz. 1% Milk	10 2 oz. Apple Frudel ½ C Juice 1/2 C Pineapple 8 oz. 1% Milk	11 1 oz. Cereal Bar ½ C Juice 1/2 C Peaches 8 oz. 1% Milk	12 Pancakes w Syrup ½ C Juice 1/2 C Pears 8 oz. 1% Milk	13 2 oz. Wild Berry Bread ½ C Juice 1/2 C Mandarin Oranges 8 oz. 1% Milk
16 1 oz. Cereal Bar ½ C Juice 1/2 C Pears 8 oz. 1% Milk	17 1 Egg n Cheese Muffin ½ C Juice 1/2 C Pineapple 8 oz. 1% Milk	18 2 oz. Muffin ½ C Juice 1/2 C Banana 8 oz. 1% Milk	19 Turkey Pancake Wraps ½ C Juice 1/2 C Mandarin Oranges 8 oz. 1% Milk	20 2 oz. Banana Bread ½ C Juice 1/2 C Apple 8 oz. 1% Milk
23 2 oz. Oatmeal Round ½ C Juice 1/2 C Mandarin Oranges 8 oz. 1% Milk	24 Pancakes w syrup ½ C Juice 1/2 C Banana 8 oz. 1% Milk	25 2 oz. Wild Berry Bread ½ C Juice 1/2 C Applesauce 8 oz. 1% 8 oz. 1% Milk	26 Turkey Pancake Wraps ½ C Juice 1/2 C Peaches 8 oz. 1% Milk	27 1 oz. Cereal Bar ½ C Juice 1/2 C Pear Cup 8 oz. 1% Milk
30 2 oz. Muffin ½ C Juice 1/2 C Banana 8 oz. 1% Milk				

September – Breakfast I LEAD

Food Order Adjustments must be received by **10:00 am** the day before needed adjustment.

Food Order Cancellations must be received by **10:00 a.m.** the day before cancellation.

Breakfast Menus Consist of the Following:

Age:	1-2	3-5	6-12
Fruit:	¼ C	¼ C	¼ C
Vegetable:	½ C	½ C	½ C
WW/WGrain:	½ sl/¼C	½ sl/¼C	½ sl/½C
1% Milk:		6 oz.	8 oz.
Whole-Tod:		4 oz.	

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