

ILEAD SPRING MEADOWS

JANUARY 2019 NSLP LUNCH - ELEMENTARY

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
		WG Chicken Patty (1) w/BBQ Pkt WG Hamburger Bun (1) Green Beans 3/4c (6oz) Pears 1/2 cup Milk 1c (8oz)	Turkey Taco (2oz) w/Shredded Cheese (1oz) & Taco Sauce (1pkt) WG Cool Ranch Doritos 1 pkg Refried Pinto Beans 3/4c (6oz) Fresh Petite Banana (1) Milk 1c (8oz)	WG Pizza (1 Slice) 1 bag Carrot Sticks 1/4c (2oz) w/Ranch Pkt (1) Gold Rush Juice 1/2c (4oz) Applesauce 1/2c (4oz) Milk 1c (8oz)
7	8	9	10	11
Italian Sub on WG Bread (1) w/Mustard pkt (1) Steamed Broccoli 3/4c (6oz) Mandarin Oranges 1/2c (4oz) Milk 1c (8oz)	1 Bratwurst w/Ketchup/Mustard (1 pkt each) WG Hotdog Bun (1) Baked Beans 3/4c (6oz) Pineapple 1/2c (4oz) Milk 1c (8oz)	Meatballs (4) Sub in Marinara Sauce WG Hotdog Bun (1) 1 pkg String Cheese Green Beans 3/4 cup (6oz) Pears 1/2 cup (4oz) Milk 1c (8oz)	Grilled Chicken Patty (1) w/Cheese Slice (1) on WG Hamburger Bun (1) w/Mayo Pkt (1) Golden Corn 3/4c (6oz) Fresh Petite Banana (1) Milk 1c (8oz)	WG Pizza (1 Slice) 1 bag Carrots 1/4c (2oz) w/Ranch Pkt Gold Rush Juice 1/2c (4oz) Applesauce 1/2c (4oz) Milk 1c (8oz)
14	15	16	17	18
Oven Roasted Chicken Leg (2oz) WG Roll (1) Turnip Greens 3/4 cup (6oz) Mandarin Oranges 1/2c (4oz) Milk 1c (8oz)	Bean & Beef Burrito on WG Tortilla (1) WG Ranch Doritos (1 pkg) Baked Beans 3/4 cup (6oz) Applesauce Cup 1/2 cup (4oz) Milk 1c (8oz)	Beef Steak (1) w/Gravy (2oz) WG Roll (1) Mashed Potato 3/4c (6oz) Pears 1/2 cup Milk 1c (8oz)	WG Corn Dog w/Mustard & Ketchup pkts (1 each) Green Beans 3/4 cup (6oz) Fresh Petite Banana (1) Milk 1c (8oz)	WG Pizza (1 Slice) 1 bag Carrot Sticks 1/4c (2oz) w/Ranch Pkt (1) Gold Rush Juice 1/2c (4oz) Peaches 1/2c (4oz) Milk 1c (8oz)
21	22	23	24	25
	1 Hotdog w/Ketchup/Mustard (1 pkt each) WG Hotdog Bun (1) Spanish Corn 3/4c (6oz) Mandarin Oranges 1/2c (4oz) Milk 1c (8oz)	WG Chicken Patty (1) w/BBQ Pkt WG Hamburger Bun (1) Green Beans 3/4c (6oz) Pears 1/2 cup Milk 1c (8oz)	Turkey Taco (2oz) w/Shredded Cheese (1oz) & Taco Sauce (1pkt) WG Cool Ranch Doritos 1 pkg Refried Pinto Beans 3/4c (6oz) Fresh Petite Banana (1) Milk 1c (8oz)	WG Pizza (1 Slice) 1 bag Carrot Sticks 1/4c (2oz) w/Ranch Pkt (1) Gold Rush Juice 1/2c (4oz) Applesauce 1/2c (4oz) Milk 1c (8oz)
28	29	30	31	
Italian Sub on WG Bread (1) w/Mustard pkt (1) Steamed Broccoli 3/4c (6oz) Mandarin Oranges 1/2c (4oz) Milk 1c (8oz)	1 Bratwurst w/Ketchup/Mustard (1 pkt each) WG Hotdog Bun (1) Baked Beans 3/4c (6oz) Pineapple 1/2c (4oz) Milk 1c (8oz)	Meatballs (4) Sub in Marinara Sauce WG Hotdog Bun (1) 1 pkg String Cheese Green Beans 3/4 cup (6oz) Pears 1/2 cup (4oz) Milk 1c (8oz)	Grilled Chicken Patty (1) w/Cheese Slice (1) on WG Hamburger Bun (1) w/Mayo Pkt (1) Golden Corn 3/4c (6oz) Fresh Petite Banana (1) Milk 1c (8oz)	