



ILEAD SPRING MEADOWS

JANUARY 2019 SBP BREAKFAST ELEMENTARY

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
		WG Sausage & Pancake on a Stick (1) Peaches 4oz 100% Orange Juice 4oz Milk 1c (8oz)	WG Cinnamon Chex Cereal Mandarin Oranges 4oz 100% Orange Juice 4oz Milk 1c (8oz)	WG Strawberry Pancake (1 pkg) 1 pkg Strawberry Craisins (1.16oz = 1/2 c serving) 100% Orange Juice 4oz Milk 1c (8oz)
7	8	9	10	11
WG Mini Bagel w/Strawberry Cream Cheese (1) Pineapple 4oz 100% Orange Juice 4oz Milk 1c (8oz)	WG Frosted Mini Wheats Cereal Mixed Berry Applesauce Cup 4oz 100% Orange Juice 4oz Milk 1c (8oz)	Egg & Cheese WG Burrito (1) Pears 4oz 100% Orange Juice 4oz Milk 1c (8oz)	WG Cinnamon Toast Crunch Cereal Mandarin Oranges Cup 4oz 100% Orange Juice 4oz Milk 1c (8oz)	WG French Toast (1 pkg) 1 pkg Cherry Craisins (1.16oz = 1/2 c serving) 100% Orange Juice 4oz Milk 1c (8oz)
14	15	16	17	18
Oatmeal 1/2c (4oz) Yogurt 4oz Pineapple 4oz 100% Orange Juice 4oz Milk 1c (8oz)	WG Cinnamon Toast Crunch Cereal Mixed Berry Applesauce Cup 4oz 100% Orange Juice 4oz Milk 1c (8oz)	WG Sausage & Pancake on a Stick (1) Peaches 4oz 100% Orange Juice 4oz Milk 1c (8oz)	WG Cinnamon Chex Cereal Mandarin Oranges 4oz 100% Orange Juice 4oz Milk 1c (8oz)	WG Blueberry Pancake (1 pkg) 1 pkg Strawberry Craisins (1.16oz = 1/2 c serving) 100% Orange Juice 4oz Milk 1c (8oz)
21	22	23	24	25
 Martin Luther King, Jr.	WG Frosted Mini Wheats Original Applesauce Cup 4oz 100% Orange Juice 4oz Milk 1c (8oz)	Egg & Cheese WG Burrito (1) Pears 4oz 100% Orange Juice 4oz Milk 1c (8oz)	WG Cinnamon Toast Crunch Cereal Mandarin Oranges 4oz 100% Orange Juice 4oz Milk 1c (8oz)	WG Waffle (1) 1 pkg Cherry Craisins (1.16oz = 1/2 c serving) 100% Orange Juice 4oz Milk 1c (8oz)
28	29	30	31	
Oatmeal 1/2c (4oz) Yogurt 4oz Pineapple 4oz 100% Orange Juice 4oz Milk 1c (8oz)	WG Cinnamon Toast Crunch Cereal Original Applesauce Cup 4oz 100% Orange Juice 4oz Milk 1c (8oz)	WG Sausage & Pancake on a Stick (1) Peaches 4oz 100% Orange Juice 4oz Milk 1c (8oz)	WG Cinnamon Chex Cereal Mandarin Oranges 4oz 100% Orange Juice 4oz Milk 1c (8oz)	