



FEBRUARY | 2017

iLEAD School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Stuffed Chicken Breast Mashed Potatoes Tossed Salad FF Dressing WG Roll Juice Box Milk	2 WG Beef, Bean, Cheese Burrito Salsa and Sour Cream Refried Beans Steamed Corn Pear Milk	3 Pizza Tossed Salad Grape Tomatoes FF Dressing Apple WG Cookie Milk
6 Chicken Tenders WG Breadstick Celery Sticks with Ranch Fruitable Plus Pear Milk	7 Cheese Ravioli Roasted Seasonal Vegetable Cucumber Slices WG Breadstick Banana Milk	8 Meatloaf Mashed Potatoes Cooked Carrots WG Roll Sidekick Milk	9 Chicken Walking Taco WG Doritos Lettuce, Tomatoes, Cheese Salsa and Sour Cream Refried Beans WG Goldfish Pear Milk	10 Pizza Tossed Salad Grape Tomatoes FF Dressing Apple WG Cookie Milk
13 Corn Dog Cauliflower Tossed Salad FF Dressing Pear Milk	14 Egg, Sausage and cheese WG English Muffin Cubed Hash Browns Fruitable Plus Banana Milk	15 Chicken Nuggets Cooked Carrots Broccoli Salad WG Goldfish Apple Sauce Milk	16 Cheeseburger WG Bun Baked Beans Broccoli Florets with Ranch Orange Sections Milk	17 Pizza Tossed Salad Grape Tomatoes FF Dressing Apple WG Cookie Milk
20 No School	21 Sloppy Joes WG Bun Roasted Yukon Potatoes Baby Carrots with Hummus Banana Milk	22 Chicken Fries Cheesy Potatoes Celery Stick with Ranch Juice Box WG Roll Orange Sections (9-12) Milk	23 Walking Taco WG Doritos Lettuce, Tomatoes, Cheese Salsa and Sour Cream Refried Beans WG Goldfish Pear Milk	24 Pizza Tossed Salad Grape Tomatoes FF Dressing Apple WG Cookie Milk
27 Meat Lasagna Green Beans WG Breadstick Apple Fruitable Plus Milk	28 Beef Taco WG Tortilla Lettuce, Tomatoes, Cheese Salsa and Sour Cream Corn Banana Milk	French toast Sticks Turkey Sausage Links Cheesy Potatoes Baby carrots with Ranch Orange Sections Milk	Shredded Chicken Sandwich WG Bun Baked Beans Cucumber Slices with Ranch Pear Milk	Pizza Tossed Salad Grape Tomatoes FF Dressing Apple WG Cookie Milk

Lunch Times

K/1 11:00-11:30

2/3 11:35-12:00

4/6 12:05-12:30

Meat/Alternate

Grades k-5 8 oz. Weekly

Minimum 1oz per day

Grades 6-8, 9 oz. weekly

Minimum 1oz per day

Grain/Bread

Grades k-5 8 oz. weekly

Minimum 1oz per day

Grades 6-8 8 oz. weekly

Minimum 1oz per day

Fruit

Grades k-8 ½ cup Daily and 2 ½ cups weekly

Vegetable

Grades k-8, ¾ cup Daily and 3 ¾ cups weekly

Milk

1 cup 1% or Fat Free

This Institution is an Equal Opportunity Provider